

Chiropractic Care

Many insurances accepted!



New Patient Evaluation & Adjustment Starting at \$ 70

Established Patient Visit Starting at \$ 50

Additional Services:

EMS + ice/heat, Ultrasound, Myofascial Release/IASTM, K-Tape - **Starting at \$ 25**

ChiroCare Wellness*

2 visits monthly \$ 80
4 visits monthly \$ 150

*Self-Pay clients. Auto renews monthly. Includes EMS + ice/heat and additional discounts. Ask for details!

Laser Therapy



Laser Therapy

Single Session: per treatment area \$ 50

Laser Packages

Packages valid for 6 months.
5 Sessions \$ 150
10 Sessions \$ 250

Spinal Decompression

Decompression Therapy

Single Session: Per treatment area \$ 50



Decompression Packages

Packages valid for 6 months.
5 Sessions \$ 150
10 Sessions \$ 250

Save when you combine

Decompression & Laser Pack

10 Sessions \$ 275
20 Sessions \$ 450

PLEASE NOTE: 1 Session = One treatment zone of EITHER Decompression OR Laser Therapy. Examples: 1 Decompression + 1 Laser = 2 sessions. 2 treatment zones Laser therapy = 2 sessions.

Therapeutic Massage

Single session

Half Hour \$ 50
One Hour \$ 100
Hour and a half \$ 150

Massage Packages

3 sessions. Expires 90 days from date of purchase.

30 Minutes \$ 135
60 Minutes \$ 275
90 Minutes \$ 425

Serenity at Sea

Five (5) 60 minute sessions. \$ 450
Expires 1 year from date of purchase.

Harbor Harmony Membership

One 60 minute session per month. \$ 85/mo.

Three month commitment, auto renews monthly. Members can purchase additional 60 minute sessions for \$85 each.



Contact:

5691 SE Crooked Oak Ave.
Hobe Sound, FL 33455
www.SeasideWellnessGroup.com



772-600-8159

Located in Seabranh Square Plaza. US1 & Seabranh Blvd.

SEASIDE WELLNESS GROUP



Join us on your path to Wellness



Halotherapy



Dry Salt Therapy, also known as Halotherapy, benefits adults and children alike as well as athletes and animals. It is natural and safe and there are no harmful side effects. Halotherapy is very beneficial for overall wellness by removing the toxicity from the respiratory system, improving the function and appearance of the skin, and boosting the immune system.

Halotherapy Session:

Single Session	\$ 30
Salt 'T' Days Special (Tues & Thurs)	\$ 15

Halotherapy Packages:

5 Sessions (Valid for 3 months)	\$ 125
10 Sessions (Valid for 3 months)	\$220
Family Unlimited Monthly - Ask for details!	\$300

Combo Packages

Try a sampling of our services and save with a combo package! (Valid for 3 months)

Oceanside **\$ 100**

- 1 Halotherapy, 1 Float, 1 Yoga Class

Coastal Retreat **\$ 150**

- 1 Halotherapy, 1 Float, 1 hour massage

\$ 175

Paradise Wellness

- 1 Halotherapy, 1 Float, 1 hour massage & 1 Yoga Class.

Float Therapy

People float to relax and to manage pain. In addition floating may help alleviate many of the symptoms related to anxiety, depression and sleeplessness. Studies have shown Flotation REST (Restricted Environmental Stimulation Therapy) to improve chronic pain conditions by relieving physical and emotional stress, creating an ideal environment for pain relief and providing natural traction for a wide range of spine-related injuries.

Float Packages:

Intro Float	\$ 65
Single Float	\$ 75
Intro 3 pack (Buy 2, get 1 FREE! Valid for 2 months)	\$ 150
Float 4 (Valid for 6 months, no contract)	\$ 275

Monthly Memberships

Auto renews monthly. Six month membership, two month commitment. Includes 2-4 Halotherapy session per month. Ask for details. 2 month commitment, 6 month membership

Blue Water - 2 Floats per month	\$ 125
Tranquility - 4 Floats per month	\$ 225
Unlimited Floats	\$ 400

Annual Membership - Club Level

Even more value added for Float Enthusiasts when you prepay for an annual membership! Includes bonus monthly Halotherapy sessions for you and a guest.

Commanders Club - 26 floats/yr	\$ 1300
Captain's Club - 52 floats/yr	\$ 2200
Admiral's Club - Unlimited floats/yr	\$ 4400



Yoga



Yoga Classes & Packages:

Single Session	\$ 20
Yoga Discovery Package 5 classes	\$ 75
<i>(Introductory offer for new students includes bonus Halotherapy session!)</i>	

Beach Bundle Bliss (5 class pack)	\$ 90
Seaside Serenity Session (10 class pack)	\$ 170
<i>Includes Bonus Zen Friend Class pass - ask for details!</i>	

Yoga Membership

Silver Seahorse	\$ 150
<i>Unlimited Monthly Membership</i>	

All yoga packages are valid for 60 days. Unlimited Membership requires 3 month commitment, 6 month membership. Does not include workshops or specialty classes. See our website for current yoga & wellness class schedule. To reserve your space advance booking is highly recommended.

New Patient Package

A great option for self-pay clients who want to try Chiropractic Care! Includes: 1 Halotherapy, 1 Float, 1 hour massage & 1 Yoga Class plus initial visit and adjustment. **\$ 250**

At Seaside Wellness Group - We care about you and we're here to assist you on your wellness path! Please contact us with any questions you have about our services, treatment plans and payment options.

Ask us for details and terms for our package and membership options. Please note cancellation fees may apply to missed or cancelled appointments.